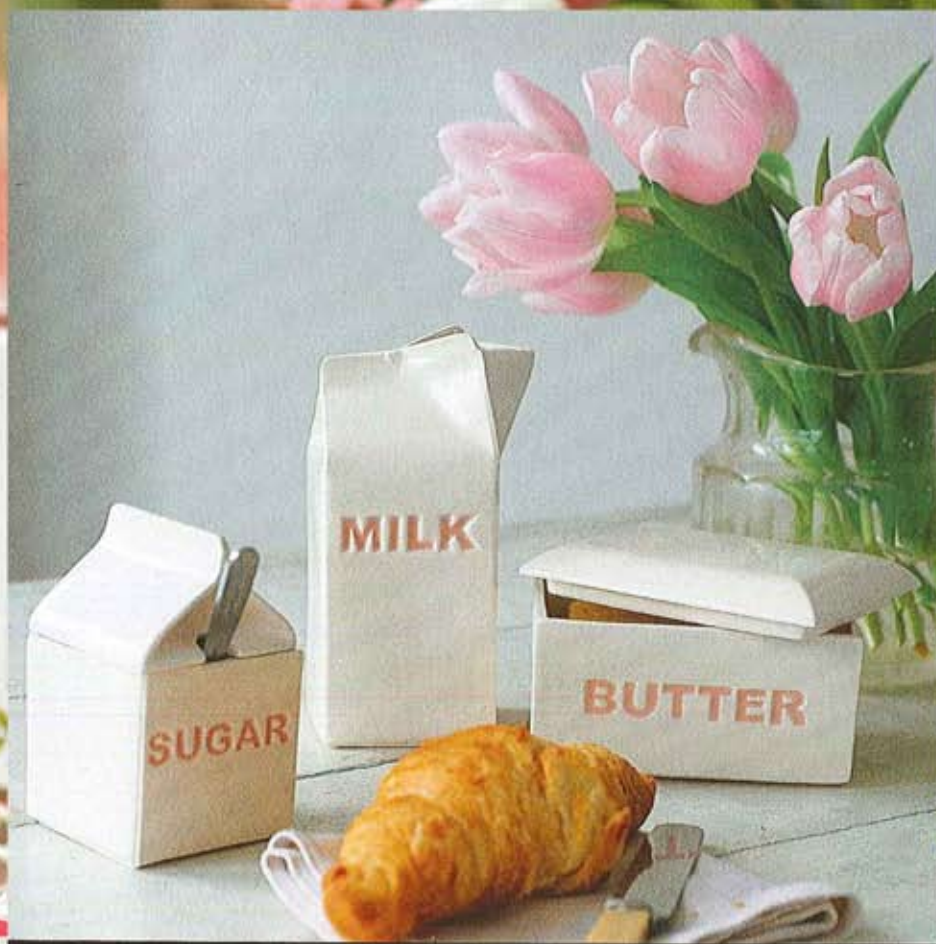


Rise and shine

Breakfast sets you up for the day so make it special with the very best tableware and accessories

Compiled by Sophie Baylis



Above left: Petit déjeuner is a fresh croissant best served up on Habitat's Roxie range including a set of four side plates, £18, and set of four mugs, £16 (0844 499 1111 or www.habitat.co.uk) **Above right:** Sugar, milk and butter are the basics of any good breakfast. This retro-inspired range of ceramics consists of a sugar bowl, butter dish and milk carton from Notonthehighstreet.com, priced £28 (0845 259 1359 or www.notonthehighstreet.com) **Below left:** You don't have to live in the country to get the look; a quick trip to Sainsbury's will suffice. Prices start from £5.99 for this hand-painted Tu hen storage jar (0800 636262 or www.sainsburys.co.uk) **Below right:** Laura Ashley's cute new collection of tableware will make you feel fresh as a daisy first thing in the morning. Prices include £6 for the Daisy round mug, £5.25 for the Daisy conical mug and £16.50 for the Daisy large jug (0871 230 2301 or www.lauraashley.com) **Opposite page:** Nothing says love like breakfast in bed. The perfect tray should include a Janice Tchalenko Poppy serving bowl priced from £9.25 and salt and pepper set by Sophie Conran for Portmeirion, £10.75 both from John Lewis (0845 604 9049 or www.johnlewis.com)